Draft - Supporting Information and Impact Assessment

Proposal:	Sexual Health Services
Executive Lead:	Councillor Derek Mills
Director / Assistant Director:	Caroline Dimond

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Section 1: Background Information

1. What is the proposal / issue?

The proposal is a reduction of £106,000 from the sexual health contract in 2017/18 and a £50,000 reduction in 2018/19.

The proposed budget for 2017/18 is £1,633,900.

The reduction equates to a 7.2% reduction in the overall contract Public Health have with Torbay and South Devon NHS Foundation Trust for Sexual Health services.

It is proposed that the savings are taken from non-mandated services in Torbay.

The mandated core of Genito-Urinary Medicine (GUM) (testing for and treatment of Sexually Transmitted Infections (STIs)) and contraceptive services would be maintained but specialist non-mandated provision would be reduced.

2017/18:

- Reduction in Chlamydia Screening Programme, the total budget for this service would reduce by approximately 34%.
- Reduction in Outreach services to young people, the total budget for this service would reduce by approximately 31%.

2018/19:

 Reduction in Young People's Sexual Health clinics, the total budget for this service would reduce by approximately 33%.

2. What is the current situation?

Nationally, regionally and in Torbay, younger people bear the burden of poor sexual health – disproportionately compared to other groups of the population. In Torbay there are higher than average rates of Teenage Conception. Services have adapted to meet the needs of our most at risk populations in Torbay.

Chlamydia Screening Programme:

The Chlamydia Screening programme targets 15-24 year olds and seeks to reduce incidences of chlamydia as this is the most common STI in young people in the UK. Untreated chlamydia can cause infertility, serious infections and complications to the patient and new-born children.

- 23.2% of sexually active 15-24 year olds in Torbay received a Chlamydia test in 2015. This is within the range expected for this population, is in line with National Chlamydia Screening Programme expectations and Torbay compares well with the regional and national average
- Torbay has a high detection rate of 2,515 per 100,000 (355 incidences) this
 means that we are performing better than average regionally and nationally
 and that the service is targeting the correct populations

The service provider effectively targets and treats the right populations and is meeting national targets and thresholds.

Outreach Services to young people:

The Outreach team works in the majority of secondary schools in Torbay, offering contraception, advice, information, guidance and referrals to specialist and supporting services.

The team receive referrals from a range of professionals across the Torbay and work with young men and women most at risk of poorer sexual health and / or teenage conception, for example: young people living in areas of deprivation, care leavers and young people who are in care, young people not in education, employment or training, young people involved in wider risky behaviour, young people at risk of sexual exploitation, young people who are children of former teenage parents. The team

During 2015-16:

- 2,641 young men and women were seen in a private consultation with a nurse
 mostly in local schools and colleges
- 2,937 young people were seen in a group work setting e.g. classroom
- The team made 96 interventions using emergency contraception
- The team have been a key contributing factor in reducing the rate of teenage conception rates since 2010

Young people sexual health clinics:

Young People's Sexual Health Clinics offer open access GUM (STI testing and treating) and contraceptive services; aimed at under 25 year olds. These clinics supplement the core offer from Torbay Sexual Medicine Service and are operated through satellite clinics in community settings in Brixham, South Devon College and other local key sites.

3. What options have been considered?

At this stage, it is not proposed to create savings from the core mandated services as this could have a significantly greater effect on a wider proportion of the population.

Other options include completely deleting other specialist elements. This option could result in the deletion of all youth facing outreach provision, including the condom distribution scheme.

These options were not considered further as they would have a more significant negative affect on the most at risk populations and individuals.

4. How does this proposal support the ambitions, principles and delivery of the Corporate Plan 2015-19?

This proposals supports the following principle of the Corporate Plan:

• Use reducing resources to best effect

5. Who will be affected by this proposal and who do you need to consult with?

It is likely that increases in Chlamydia infections and Teenage Conceptions will have a cost shunt into other areas across the local Health and Social Care system. Consultation would be carried out with:

- Young people aged 13 to 25, particularly those most at risk of poorer sexual health and teenage conception.
- Schools and colleges
- Clinical Commissioning Group (CCG)
- Staff within Torbay and South Devon NHS Foundation Trust
- Services within Torbay and South Devon NHS Foundation Trust
- NHS England (commission Primary Care STI testing)
- Early Intervention team

6. How will you propose to consult?

Consultation will take place as part of the general consultation on the budget proposals. However, specific consultation will also be carried out on this proposal with service users through a range of mechanisms.

- Focus groups
- On-line consultation
- Discussions with partner organisations

Section 2: Expected Implications and Impact Assessment

(These sections will be updated and expanded following the consultation period.)

7. What are the <u>expected</u> financial and legal implications?

This proposal may see a greater demand for other services across the health and social care system, resulting in greater costs to those services, for example:

- Torbay LA commissioned integrated sexual health services
- Into CCG commissioned services i.e. terminations / maternity / GPs
- Social care services

There may be a redundancy liability associated with any staffing reductions.

8. What are the <u>expected</u> risks?

The potential risks and impacts are outlined for each element of the service below:

Chlamydia Screening Programme:

- Fewer young people would receive a Chlamydia screen
- Chlamydia infection rates could increase
- Fewer young people would be aware of sexual health responsibilities when changing sexual partners

Outreach Services to young people:

- Potential increase in teenage conception rates
- Fewer young people in Torbay receiving a specialist intervention with a contraceptive nurse in settings which suit them.
- Less contraception (and emergency contraception) issued to young women
- Less assurance that contraception, and emergency contraception will be provided as and when required. As a result young women could be directed to another provider which increases risk of them not accessing contraception, or emergency contraception due to barriers
- Potential increase in conceptions, resulting in more younger fathers and mothers
- Decrease in access to condoms to young men
- Increase in demand for other local health and social care services, such as
 other areas of the integrated sexual health contract, GP surgeries, pharmacies
 and in case of an increase in teenage conceptions, impact on maternity,
 children's services, housing, early intervention, family support services and
 midwifery, health visiting
- Service may no longer be able to provide a general access service to all schools and young people in Torbay

Young people sexual health clinics:

- Fewer young people can access a suitable service near them, particularly in Paignton and Brixham (main service is located in Torquay)
- Less access to testing and treatment services
- A potential increase in teenage conceptions and sexually transmitted infections, including Chlamydia